

For Qualifying Veterans

With

Exposure to Blast Events &/or Loss of Consciousness

A study of EEG biofeedback, a non-invasive, medication-free therapy, for symptoms associated with Traumatic Brain Injury (TBI) and/or Post Traumatic Stress Disorder (PTSD). Participants need not discuss trauma-related events.

Participation provided at no cost.

Qualifications:

- Between Ages 20-65
- Service in Iraq or Afghanistan Theaters
- Diagnosis of TBI or PTSD from military service

Exclusions:

- Uncontrolled seizures
- Uncontrolled diabetes
- Uncontrolled asthma
- Untreated sleep apnea
- Uncontrolled substance abuse

Participants will first receive a comprehensive assessment at the Uniformed Services University of the Health Sciences (USUHS) Traumatic Injury Research Program of the Department of Defense. This is a two-hour assessment.

Participants may then be eligible to receive up to 20 regularly scheduled 1/2-hour EEG biofeedback treatment sessions, two to three times a week in Bethesda. Brief forms will be completed at each session and there will be follow-up USUHS assessments at three and six months.

Participants may continue current medications, myofascial work, massage, acupuncture and/or psychotherapy already in place, but are asked to *not* add any new medications or therapies during the duration of this study.

If you meet the above criteria and are interested in participating in this study, please contact:

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NOTE: this study's I.R.B. documentation has been filed and reviewed by VVA's I.R.B. research officer and judged to be in compliance with all applicable human subjects research guidelines.

